

## SEATING AND TREADMILL EXERCISE DEVICE

### ABSTRACT OF THE DISCLOSURE

5       A seating and treadmill exercise device for passengers to exercise on an  
aircraft, capable of being displaced between stowed and deployed positions. While  
passengers board the aircraft, the seating and treadmill exercise device may be  
placed in the stowed position to allow passengers to freely move about the aircraft  
cabin. A folding seat is attached to the underside of the treadmill track, providing  
a seat for an airline attendant when the aircraft is taxiing and taking off, or landing.  
10    While the aircraft is in route, on long distance flights, the seating and treadmill  
exercise device may be placed in the deployed position so that passengers are able  
to exercise and stretch their legs, thus enhancing passenger well-being and health  
and helping to prevent maladies associated with long periods of sitting such as  
Deep Vein Thrombosis.

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